



Often there arises in the life of the Christian a sense that there is more to a walk with God than their current experience reflects. This longing actually expresses an invitation from God for cultivating a deeper, more intimate life with Him.

— Doug Mitts

Hi! My name is Lisa Mitts. My husband and I serve with Greater Europe Mission. We have two wonderful children Megan and Michael who were born and raised in Poland. We have been missionaries in Europe since 1991. Currently, we live in Texas and our adult children Megan and Michael are in California and Massachusetts. My passion is to disciple disciple-makers. I also deeply desire to see people thriving and living life as God intended them to in His Kingdom.

I received my spiritual direction training through [*Leadership Transformations' Selah Certificate Program*](#). I enjoy receiving my own spiritual direction, and as a spiritual director, I benefit from ongoing supervision from a Selah faculty member.

A Christian spiritual director is one who comes along side another listening to them share their spiritual journey, helping them pay attention to God's presence, voice, and activity in their life, deepening their awareness of the invitations He is extending to them.

Spiritual Direction is a gift that's nurtured more than a skill that's taught. It is more about listening to God and companionship in their relationship with God, rather than talking to them about God. It is making space for prayerful listening to the One who is always with them.

What to expect:

- Spiritual Direction sessions usually take place once a month, for an hour.
- Often the session begins and ends with silent prayer fostering an atmosphere of attentiveness and listening to the Holy Spirit. Anything shared, discussed or discovered in a session will be confidential.
- During the session the directee may speak about anything going on in their life and relationship with God. We will seek together the presence, work and leading of God in the midst of what all that is happening.
- During our time together we will focus on the True Director, the Holy Spirit and discernment of God's movements in the directee's life.
- We will evaluate the ongoing direction relationship after a few sessions as to discern God's invitation for us to continue together.
- I am supported through Greater Europe Mission, a non-profit organization that relies on donations for its funding. I consider the time spend with my directee as a gift to me and I hope it will be the same for you. However, if you feel lead by the Holy Spirit to give toward my ministry in spiritual direction, I will be most grateful.